



The American Parkinson Disease  
Association presents:

# Fall Parkinson Conference

*Saturday, October 1, 2016*  
*9 a.m. - 3 p.m.*

United Hospital Conference Room  
333 Smith Avenue North  
St. Paul, MN

## ***Conference Highlights***

Exercise and Non-Motor Symptoms of Parkinson's  
Disease – *Okeanis Vaou, MD, Neurologist, Noran Clinic*

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Legal Issues for Minnesotans with Chronic Illness  
– *Joy Gullikson, Elder Law Attorney, Bradley Hagen &  
Gullikson, LLC*

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Music Therapy and Parkinson's Disease  
– *Melissa Hirokawa and Brianna Larsen, M.M., MT-BC,  
Neurologic Music Therapy Fellow, Living Spirit Therapy  
Services, LLC*

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Mindfulness in the Management of Anxiety and  
Depression – *Jeanine Myrvik, LICSW, Psychotherapist,  
Allina Health Mental Health Clinic*

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*The conference is free to attend and complimentary valet  
parking and lunch will be provided.*

*This program offers 4.8 contact hours of continuing education.*

***For more information or to register,  
call 651-241-8297.***